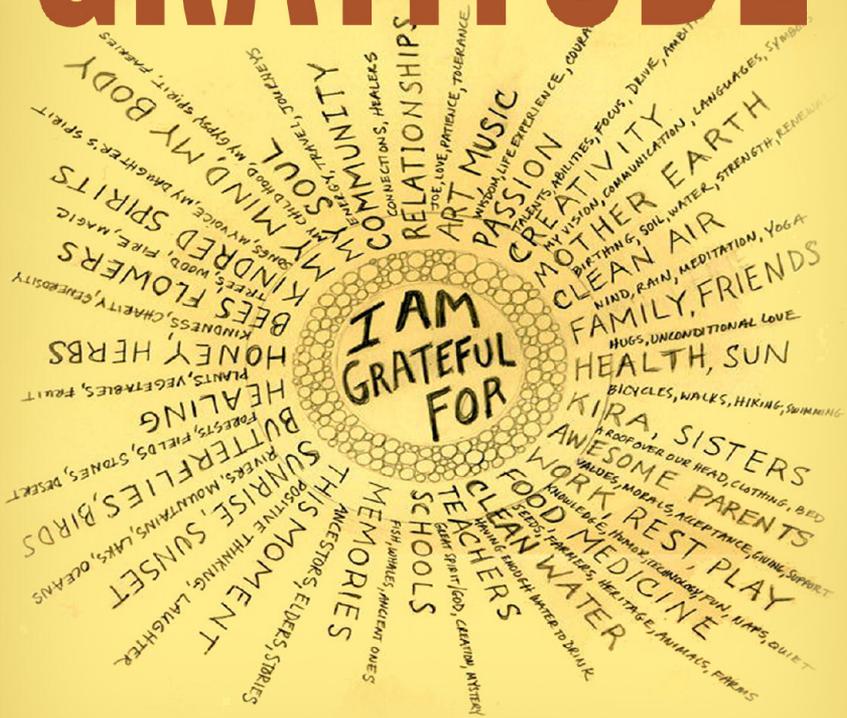


CELEBRATING 100 YEARS OF SCIENCE OF MIND

# GRATITUDE



NOVEMBER  
2018

REVEREND LAVONNE RAE ANDREWS  
AND DR. DON WELSH  
CO-MINISTERS

### Vision Statement:

*"We inspire and empower individuals on their spiritual journey and support our community through education, outreach and unconditional love."*



## **Celebrating 100 Years of Science of Mind**

*"We stand together in a shared commitment and devotion  
to our spiritual principles, practices, and values."*

Prelude Music.....9:50 - 10:00 AM

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### **ORDER OF SERVICE**

Call to Service .....10:00 AM

Welcome .....Presider

Candle Lighting.....Presider

Opening Treatment .....Practitioner

Congregational Song.....Congregation

Announcements .....Presider

Musical Inspiration .....Musical Artist(s)

### **Ministers' Message**

Prayer Treatment .....Rev. LaVonne Rae Andrews

Musical Inspiration .....Musical Artist(s)

Offertory.....Presider

Closing Treatment.....Dr. Don Welsh

Closing Song.....Congregation

Practitioners are available after service to share complimentary prayers.

# *Sunday Schedule*

## **November 4 ..... “The Fourth Step”**

Sunday speakers .....Dr. Don Welsh  
Practitioner .....Renee Hart, R.Sc.P.  
Presider .....Joan Brewer  
Music .....Rob Reynolds & Choir

## **November 11 ..... “Thankful for Veterans”**

Sunday speakers .....Dr. Don Welsh  
Practitioner .....Tonya Chianus, R.Sc.P.  
Presider .....Katherine Wysocki  
Music .....Rob Reynolds & Joan Brewer

## **November 19 ..... “One Family”**

Sunday speakers .....Dr. Don Welsh  
Practitioner .....Stephanie Vaughn, R.Sc.P.  
Presider .....Cheri Bronstrup  
Music .....Rob Reynolds & Choir

## **November 25 ..... “Thanksgiving”**

Sunday speakers .....Rev. LaVonne Rae Andrews & Dr. Don Welsh  
Practitioner .....Marlene Padavick, R.Sc.P.  
Presider .....Jim Whitelaw  
Music .....Rob Reynolds & Choir

# Classes & Activities

**Monday through Friday .....AA meeting - 7-8 a.m.**

**Tuesday afternoons .....3:00 p.m.**

Art Class with Darlene Douthit

**Wednesday mornings .....10:00 a.m.**

Meditation with Renee Hart

**Wednesday mornings .....10:00 a.m.**

The Mindfulness Group discusses

“A Little Light on spiritual Laws” by Diana Cooper

Facilitated by Judy Podskalen

**Wednesday afternoons.....4:15 p.m.**

Choir practice

All are welcome – even Shower singers

**Thursday evenings.....6:00 p.m.**

Foundational Workshop/Classe

**Friday evenings .....Al-anon - 7:00 p.m.**

**Third Saturdays.....“Swap/Crop” - 10:00 a.m. – 12 noon**

*Join us under the large pine tree in the front yard for the Inland*

*Empire Garden project as a community outreach project.*

*Happy Birthday  
and Heart Felt Blessings*

Judy Podskalan • Christy Colton  
Taunya Mayo • Harriet Ouimette  
Lorynne Wilson • Cheryl Stump  
Kenny Maynus

**OFFERTORY BLESSING**

*Divine Love, as me, blesses and multiplies  
all that I am, all that I have, and all that I circulate.*

*We give thanks that this Center continues to be a place of  
Peace, a tower of Strength, a fountain of Wisdom  
and a wellspring of Love.*

Your generosity is greatly appreciated.  
When you are on vacation or unable to attend  
you can send your tithes and gifts  
through our website at [www.cslinlandempire.org](http://www.cslinlandempire.org).

Please consider, remembering  
the Center for Spiritual Living Inland Empire  
in your "Will" so you can continue to be a Wellspring of Love.

CENTER FOR  
SPIRITUAL LIVING  
INLAND EMPIRE

**Ministers**

*Rev. LaVonne Rae Andrews  
and Dr. Don Welsh*

lavonne120@sbcglobal.net.....818-262-6674

donwelsh@sbcglobal.net.....661-433-7383

**Practitioners**

Tonya Chianis RScP .....Practitioner

Renee Hart, RScP .....Practitioner

Stephanie Vaughn, RScP .....Practitioner

Marlene Padavick, RScP (Emeritus) .....Practitioner

**Board of Trustees**

Richard Bronstrup.....President

Jim Whitelaw .....Vice President

Rev. LaVonne Rae Andrews .....Secretary

Renee Hart RScP .....Member

Joan Brewer .....Treasurer / Member

Robert Jenkins.....Publicity & P.R. / Member

Naomi (Barbara) Hamilton .....Member

# Our Facility is Available For Weddings • Memorials Christenings • Counseling

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Above and Beyond Bookstore  
at the entrance of the sanctuary

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## **Center for Spiritual Living Inland Empire**

2404 N. Golden Avenue  
San Bernardino, CA 92404  
(909) 883-7171  
[www.cslinlandempire.org](http://www.cslinlandempire.org)

*Online Donations via Paypal  
available as one time or reoccurring donations*

**[www.cslinlandempire.org](http://www.cslinlandempire.org)**

### **OUR MISSION**

Teach spiritual principles, spiritual tools and practices.  
Provide a spiritual home that offers an opportunity for all to participate and share their unique gifts. Partner with other organizations to create solutions and contribute to the health and well-being of our community.  
Provide facilities and an environment that supports our vision.

"We are all thinking, willing, knowing, conscious centers of Life. We are surrounded by, immersed in, and there is flowing through us a creative something . . . call it what you will."

Ernest Holmes, *The Essential Ernest Holmes*

# *Gratitude*

## *"It Don'd on Me" by Dr. Don*

Our monthly theme matches the fourth step of Spiritual Mind Treatment. We are to feel a sense of gratitude once we have come to a point of realization about what we've prayed for.

As Thanksgiving and the Holidays approach, you may be called upon to give a prayer. When the family and friends are all gathered together, they may ask you to give a word of thankfulness to the God of your belief. Suddenly, you realize the only prayers you were ever taught now seem childlike. You wish you had been instructed in how to pray.

You may already know about the five steps of Treatment. Step number one is Recognition. You recognize the presence of the Power from which everything is created. You name what the Source is bringing forth as you join together for the meal and family gathering. Use words that are meaningful for those listening: Mother-Father God, Lord, Spirit, the Almighty and Source.

Talk about and tell the Absolute Truth about the Divine. Say "Spirit is all powerful, all-knowing, everywhere present, and the Source of Love and Goodness of every kind." State your belief in God wanting only the highest and best for everyone and the gathering is uplifting for everyone present.

The next step is called Unification. Feeling a sense of oneness with the Higher Power, you say something

like "Every person here can know they are part of a spiritually connected gathering. There is a peaceful sense of harmony and all conversations are meaningful and positive."

I know each one who is celebrating together senses the spiritual nature blending in one harmonious expression of unity. Every characteristic of Spirit expresses individually and collectively in a mutual feeling of family.

The third step is Realization. Here is where you declare the Truth of your prayer manifesting as the beautiful expression the Divine is revealing. You may visualize the outcome you desire in all its fullness.

After completing your vision of the purpose of the prayer, you have a feeling of gratitude you express as the fourth step of Prayer-Treatment. Say "I give thanks for this fabulous family gathering and know it is a truly blessed event."

Continuing "Having claimed my desire, I now release this prayer to the law of cause and effect which is now operating to return to me what is now being created in the outer world. It is done. It is complete. And all is well. And so it is. Amen.

Having learned these five steps of prayer-treatment, you're ready to be the spokesperson for the gathering. What a blessing to know you are ready.